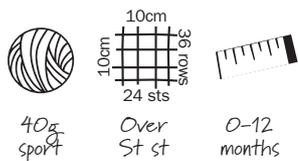


TINY TRAINERS



Designed by
Jacqui Harding

Yarn used
Lizzie's Super Soft Wool Blend
20g each in red (CC)
& white (MC)
Free with issue 46 of *Knit Now*

About the yarn
5-ply/sport; 98m per 40g kit;
50% wool, 50% acrylic

Tension
24 sts x 36 rows = 10cm
measured over St st

Needles used
3.5mm straight

Other supplies
4 stitch markers
tapestry needle
crochet hook (optional)

Sizing
0-3 months (3-6 months,
6-12 months)

Abbreviations
For all abbreviations, see page
96 of *Knit Now* Issue 46 or
[www.knitnowmag.co.uk/
glossary](http://www.knitnowmag.co.uk/glossary)

These little bootees make a lovely gift for babies and they're a quick and easy knit!

These bootees are knitted flat from the sole up. The sole is worked in garter stitch, with the body worked in stocking stitch. The laces are added at the end – we recommend securing these with a generous number of stitches.

Start knitting...

Bootee (make 2)

With MC, cast on 29 (35, 41) sts.

Row 1: Knit.

Row 2: K1, yo, pm, k13 (16, 19), pm, yo, k1, yo, pm, k13 (16, 19), pm, yo, k1. 33 (39, 45) sts

Row 3: K to 1 st before m, k1tbl, sm, k to m, sm, k1tbl, k to 1 st before m, k1tbl, sm, k to m, sm, k1tbl, k to end.

Row 4: K to m, yo, sm, k13 (16, 19), sm, yo, k to m, yo, sm, k13 (16, 19), sm, yo, k to end. 4 sts *inc'd*

Rep last 2 rows 1 (2, 2) more times. 41 (51, 57) sts

Next Row: As Row 3.

Next 2 (3, 3) Rows: Knit,

rm as you come to them. Join CC.

Next 2 Rows: Knit. Change to MC.

Next 2 Rows: Knit.

Shape toe

This section is worked in short rows, which means you work only part of the row – you do not work from one end to the other

Next Row: With MC, k24 (30, 33), ssk, turn.

1 st *dec'd*

Next Row: Sl1, p8 (10, 10), p2tog, turn.

1 st *dec'd*

Next Row: Sl1, k8 (10, 10), ssk, turn. 1 st *dec'd*

Rep last 2 short rows 1 (1, 2) times more, but **do not turn** after last row.

Knit to end of row. 36 (46, 50) sts
Turn. Break MC.

Sl13 (17, 19) sts p-wise onto RH needle without working them, join CC.

Next Row: P9 (11, 11), p2tog, turn. 1 st *dec'd*

Next Row: K9 (10, 10), ssk, turn. 1 st *dec'd*

Rep last 2 rows 2 (3, 3) more times. 30 (38, 42) sts

Cont on centre 10 (12, 12) sts to work tongue.

Next Row: Purl.

Next Row: Kfb, k to last st, kfb. 2 sts *inc'd*

Rep last 2 rows once more. 14 (16, 16) sts
Cont in St st until tongue measures 3 (4, 5) cm from split, ending after a RS row.

Next 2 (3, 4) Rows: Knit. Cast off the 14 (16, 16) tongue sts.

Right side

Note that this will be the LH side of the bootee as you look at it from the front, but it will be the RH side as worn.

With RS facing, rejoin CC to work sts on LH needle, k10 (13, 15).

Work 3 (5, 5) rows in St st.
Next Row: Ssk, knit to end. 1 st *dec'd*

Next Row: Purl.

Rep last 2 rows 2 (3, 3) times more. 7 (9, 11) sts

Next 2 (4, 5) Rows: Knit. Cast off these 7 (9, 11) sts.

Left side

With RS facing, slip the sts on RH needle onto LH needle and rejoin CC ready to work a RS row, k10 (13, 15).

Work 3 (5, 5) rows in St st.

Next Row: Knit to last 2 sts, k2tog. 1 st *dec'd*

Next Row: Purl.

Rep last 2 rows 2 (3, 3) times more. 7 (9, 11) sts

Next 2 (4, 5) Rows: Knit. Cast off.

Finishing: Turn inside out, then whip-stitch along the bottom and back of the bootee. Weave in ends. You may want to secure the lower part of the tongue so that it stays behind the sides.

Laces

Measure approximately 3m of MC and fold in half. Secure one end and twist the other tightly. Fold in half, secure the ends and even out the twist. Thread through the side panels – use a crochet hook to pull the laces through if needed. Stitch the laces firmly in place. Block to shape by stuffing some cloth or other flexible filler into the bootee and steam without touching the yarn. Leave to dry with the filler in place.

