

Designed by
Anna Elliott

Yarn used

Free kit yarn
20g Teal (MC)
10g Mint (CC)

About the yarn

4-ply; 400m per 100g;
100% acrylic

Tension

22 sts x 35 rnds = 10cm
measured over St st

Needles used

Sprig: 3mm DPNs
Twist: 3mm straight

Other supplies

2 stitch markers
small stitch holder or large
safety pin
tapestry needle

Sizing

S/M (M/L) adult hand, fitting
with 1-2cm negative ease
around hand

See schematic for
finished measurements

Abbreviations

C2F – cable 2 forwards:

Sl next st onto CN, hold in
front, k1 from LH needle, k1
from CN

C2BP – cable 2 backwards

purl: Sl next st onto CN, hold
at back, k1 from LH needle,
p1 from CN

C2FP – cable 2 forwards

purl: Sl next st onto CN, hold
in front, p1 from LH needle,
k1 from CN

m1: Make 1 using backward
loop method. 1 st inc'd

See page 96 for all
other abbreviations

Sprig and Twist Mitts

Whether you fancy some delicate cables or pretty
colourwork, our free kit is just the ticket!

The Twist mitts are worked flat and feature a stitch pattern that can be worked either from the chart or written instructions, whichever you prefer. The Sprig pattern is worked in the round and features a stranded colourwork pattern, which is worked from a chart.

Start knitting...

SPRIG MITTS

Work both the same

With CC, cast on 41 (49) sts.

Join to work in the rnd, being careful not to twist. Pm to mark beg of rnd.

Rib Rnd: K1, *k1tbl, p1; rep from * to end.

Rep this rnd 17 more times.

Change to MC.

Rnd 1: M1, k1, m1, pm for thumb gusset, k to end. 43 (51) sts

Rnd 2: K3, sm, k to end.

Rnd 3: M1, k3, m1, sm, k to end. 45 (53) sts

Rnd 4: K5, sm, k to end.

Rnd 5: M1, k5, m1, sm, k to end. 47 (55) sts

Rnd 6: K7, sm, k to end.

Cont to inc thumb gusset sts in this way every other rnd until there are 63 (71) sts, ending after an even rnd.

Remove thumb gusset marker and place 23 thumb gusset sts on a stitch holder or safety pin. Cont on rem 40 (48) sts for hand.

Join CC and work Sprig patt from

chart once in full, working the 8-st rep 5 (6) times around.

Break MC and with CC yarn, work 5 rnds in Twisted Rib.

Cast off in rib.

Return thumb gusset sts to needles and join CC.

Work 1 rnd in Twisted Rib, then pu and k1 st where inner thumb meets hand. Pm for beg of rnd.

24 sts

Work 4 more rnds in Twisted Rib.

Cast off in rib.

TWIST MITTS

Right Mitt

With CC, cast on 49 (57) sts.

Row 1: *K1, p2, k1, p1, k1, p1, k1, rep from * to last st, k1.

Row 2: P1, *p1, k1, p1, k1, p1, k2, p1, rep from * to end.

Rep these 2 rows 8 more times.

Change to MC.

Row 1: Work Row 1 of Twist patt from chart or written instructions to last st, pm, k1.

Row 2: P1, sm, work Row 2 of Twist patt to end.

Row 3: Work Row 3 of Twist patt to marker, sm, m1, k1, m1. 51 (59) sts

Row 4: P3, sm, work Row 4 of Twist patt to end.

Row 5: Work Row 5 of Twist patt to marker, sm, m1, k3, m1. 53 (61) sts

Row 6: P5, sm, work Row 6 of Twist patt to end.

Continue working patt and incs for

thumb gusset in this manner until Twist patt has been completed 3 times. 71 (79) sts

Next Row: Work Row 1 of

Twist patt to marker, sm, k to end, turn.

From this point you will work in rows on the 23 thumb gusset sts only.

Next Row: P23, turn.

Next Row: K23.

Work 3 more rows in St st as set. Cast off 23 thumb gusset sts.

With WS of hand facing, rejoin MC and work Row 2 of Twist patt to end. 48 (56) sts

Cont to work Twist patt

across all sts until Row 8 has been completed.

Starting with a k row, work 6 rows in St st. Cast off.

Left Mitt

With CC, cast on 49 (57) sts.

Row 1: K1, *k1, p2, k1, p1, k1, p1, k1, rep from * to end.

Row 2: *P1, k1, p1, k1, p1, k2, p1, rep from * to last st, p1.

Rep these 2 rows 8 more times.

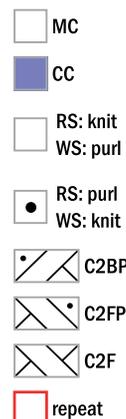
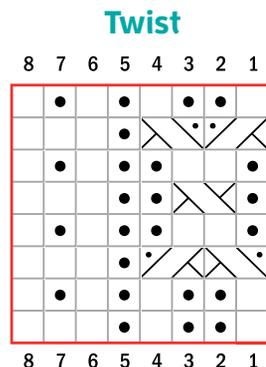
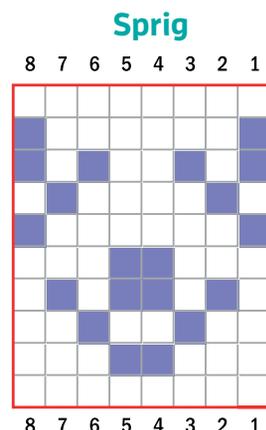
Change to MC.

Row 1: K1, pm, work Row 1 of Twist patt from chart or written instructions to end.

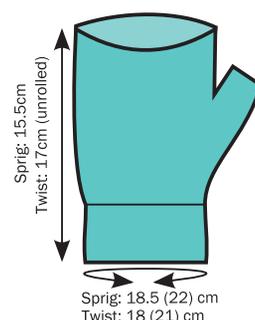
Row 2: Work Row 2 of Twist patt to marker, sm, p1.

Row 3: M1, k1, m1, sm, work Row 3 of Twist patt to end. 51 (59) sts

Row 4: Work Row 4 of Twist patt to marker, sm, p3.



Schematic



Yarn Ideas

- Want to make more than one pair? Try Patons Fairytale Fab 4-ply in shades Jade 1070 and Lavender 1048. £1.39 from www.woolwarehouse.co.uk



Twist



Sprig



Row 5: M1, k1, m1, sm, work Row 5 of Twist patt to end. 53 (61) sts
Row 6: Work Row 6 of Twist patt to marker, sm, p5.
 Cont working patt and incs for thumb gusset in this manner until Twist patt has been completed 3 times. 71 (79) sts
Next Row: K23, turn.
 From this point you will work on the 23 thumb gusset sts only.
Next Row: P23, turn.
Next Row: K23.
 Work 3 more rows in St st as set. Cast off 23 thumb gusset sts.
 With RS of hand facing, rejoin MC and work Row 1 of Twist patt to end. 48 (56) sts

Cont to work Twist patt across all sts until Row 8 has been completed.
 Starting with a k row, work 6 rows in St st.
 Cast off.

Making up: Using mattress st, join cuff seam by lining up the top of the mitt and joining the seam from top down to cuff, taking care to keep the point where the thumb gusset meets the mitt in line. Seam the inner thumb. Weave in all loose ends. 🧶

STITCH PATTERNS

Twisted Rib
Rnd 1: *K1tbl, p1; rep from * to end.
 Rep this rnd for patt.

Twist Pattern
Row 1 (RS): K1, p2, k1, p1, k3.
Row 2: [P1, k1] twice, p1, k2, p1.
Row 3: C2FP, C2BP, p1, k3.
Row 4: P1, k1, p1, k2, p2, k1.
Row 5: P1, C2F, p2, k3.
Row 6: As Row 4.
Row 7: C2BP, C2FP, p1, k3.
Row 8: As Row 2.
 These 8 rows form patt.



ANNA SAYS

“The Sprig mitts are a good way to try some simple colourwork in the round, with their delicate flower sprigs running around the top. The Twist mitts use twisting single cables and simple knit and purl combinations to create a pretty, textured effect”